

Brittany

TRAVEL GUIDE



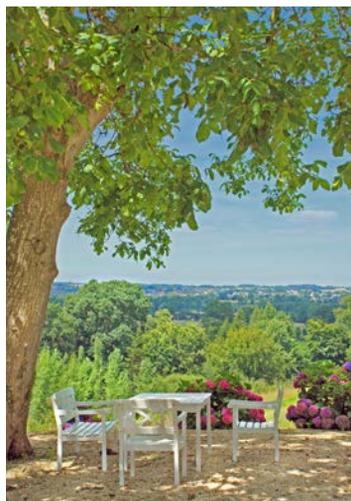
Oliver's Travels

YOUR GREAT ESCAPE

Brittany is famed chiefly for its beaches, and with so much coastline to explore it's certainly one of the best reasons to visit the region. But there's more to Brittany than sun, sea and sand. This distinctive Atlantic region was independent until the 16th century and many inhabitants still regard it as a separate entity. It has its own language and Breton culture: the sounds of biniou (French bagpipes) ring out from inns and the locals dance well into the early hours at one of their fest-noz night festivals.

BRITTANY 101

CURRENCY	EURO	TIME ZONE	GMT +1
ELECTRICAL	TWO PIN ROUND	HIGHEST TEMP.	19° C
LANGUAGE	FRENCH	LOWEST TEMP.	8° C
EMERGENCY	112	PEAK SEASON	APRIL-SEPT





TRANSPORT TALK



BY WHEELS

Driving around Brittany has its advantages: not only are the roads toll-free but you'll also be able to access some of the smaller destinations that are unreachable by train.



BY BIKE

Brittany is home to eight major cycle routes including a portion of the epic La Velodyssée, which ultimately links Roscoff in the north of France to Hendaye in the south.



BY TAXI

Taxi services in and around Brittany are widely available around towns and cities at taxi ranks. You can also pre book with one of Brittany's many taxi providers.



BY WATER

You can sail direct into Brittany via the St Malo port. Ferries sail regularly on a daily basis; providers include Brittany ferries & Condor Ferries.



BY AIR

There are several airlines that fly to Brittany's convenient airports from the UK and Ireland – Airports include Brest, Dinard and Nantes, with several flights operating daily.



BY BUS OR TRAIN

The local train network, or TER, runs throughout Brittany with hundreds of services each day. There are also several tourist trains between Auray and Presqu'île de Quiberon.

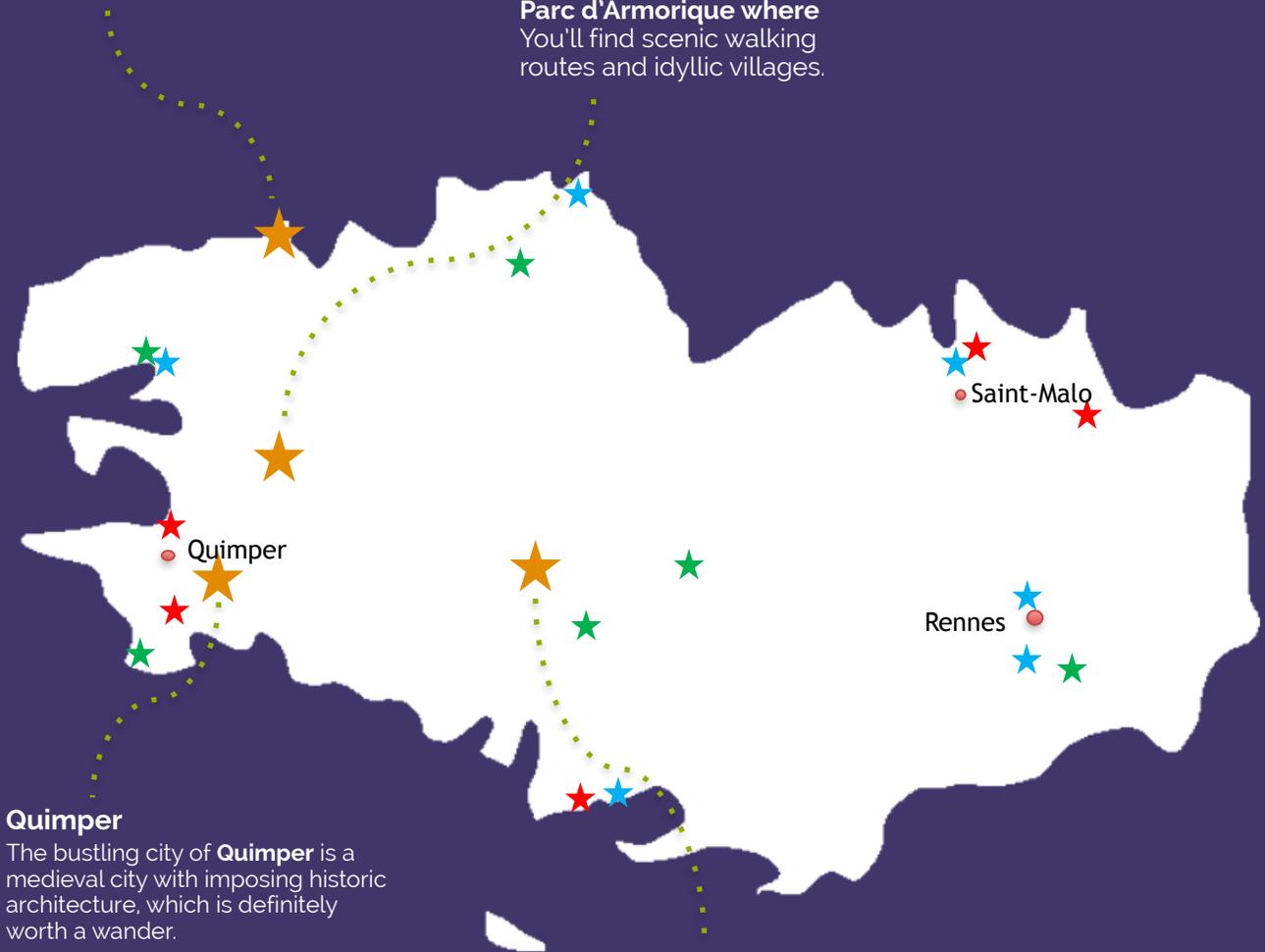
HIDDEN GEMS AND ACTIVITIES

Ile de Batz

Ile de Batz is a small island offering coastal walks, a stunning exotic garden and Bronze Age burial sites.

Parc d'Armorique

Clamber up the boulders of **Parc d'Armorique** where you'll find scenic walking routes and idyllic villages.



Quimper

The bustling city of **Quimper** is a medieval city with imposing historic architecture, which is definitely worth a wander.

Le Faouët

The beautifully preserved **Le Faouët** is a rural village in the mountainous inland province of Kalon Breizh, seems to be stuck in the past.

- ★ Hidden Gems
- ★ Picks for Kids
- ★ Best Activities
- ★ Foodie Delights



TOP PICKS FOR KIDS

Skim Across Waves



The beaches of Brittany make for a fantastic day out! Hit the waves with [29 Hood Surfclub](#), where you and the whole family can learn the ins and outs (and falling-ins) of surfing from the friendly and supportive teachers.



Sail Around the Coast



Brittany's coastline offers great family fun activities! Try messing about in boats with [Eulalie Paimpol](#), which can take you on a tour of the coast while the kids hoist the mainsail and splice the mainbrace.



Walk Through History



[Village De Poul-Fetan](#) is a living museum where the kids can explore an authentic Breton village and learn all about the Breton lifestyle. There's even a treasure hunt for the younger members of the family to enjoy.



Solve Mysteries



Brittany has its fair share of theme parks for memorable family days out. Head in to the jungle at [Enigmaparc](#), a fantastic day of puzzle-solving and games through a series of themed rooms.



Underwater Wonders



Then there's [Océanopolis Aquarium](#), whose tropical, polar and temperate sections containing some of the weirdest and most wonderful sea creatures will have everyone marvelling at the underwater world.



Myths and Legends



[La Porte des Secrets in Brocéliande](#) is an engaging museum hosted in the historic Paimpont Abbey, which reveals the mysteries of this legendary forest and its ties to Merlin and Arthur.



MAP IT OUT: WHERE TO FIND THE BEST FOR KIDS



CROWD-PLEASERS: BEST ACTIVITIES

Swim Among Fish



With so much wonderful coastline there's a ton of activities to explore. [Saint-Malo Plongée Émeraude](#) organises scuba diving around Saint Malo, exploring two shipwrecks as well as appreciating all the marine wildlife.



Take a Sailing Trip



A boat trip is a great way to see the Breton sights. [Voiles et Traditions](#) are the ideal people to talk to about a boat trip, as their wooden boats provide a charming way to experience the coast of Brittany.



Go Island-Hopping



Does island-hopping sound more your cup of tea? [Croisières Izenah](#) can sort you out with an excursion around the Gulf of Morbihan to visit beautiful ancient-looking fishing villages, with stunning scenery to enjoy on the way.



Tour a Walled City



Saint Malo is the jewel in the crown of Brittany's coastal towns, and [Saint-Malo Guide](#) really gets to the heart of the town's history and wonderful architecture. A perfect day out for the whole family!



Cycle



Biking is a great way to experience the culture and landscapes of Brittany. If you're looking to hire a bike for you and your friends, check out [Abicyclette](#). They can even help you to plan the best route for your group.



Admire the Blooms



[Jardin du Conservatoire Botanique National de Brest](#) is home to more than 1,700 species of plants, they're even grouped into their home countries so you can brush up on your geography!



MAP IT OUT: WHERE TO FIND THE BEST FOR GROUPS





BEST FOODIE DELIGHTS



Au Rythme

[Au Rythme des Marées](#) in Baden is a treat for any seafood fan – it's an oyster farm that tells you everything you need to know about these tasty crustaceans, from how they're farmed to how they're eaten.



Bistro Autour du Buerre



[Bistro Autour du Buerre](#) is a celebration of all things dairy. One particular product is put front and centre in many of the restaurant's dishes – butter. Dig in, and try not to think too much about the calories!



Distillerie des Menhirs

The [Distillerie des Menhirs](#) produces whiskey from buckwheat (the same thing Brittany's famous crepes are made from) and offers free tours during the summer. Embrace the chance to try this unusual tipple.



L'Auberge des Glazicks



For a true taste of luxury, [L'Auberge des Glazicks](#) has been awarded an impressive two Michelin stars thanks to the innovation of chef, Olivier Bellin. If you're feeling indecisive, try the tasting menu for a little of everything!



Dishes to Try

Brittany's **oysters** are prized by gourmands from around the globe. Breton **lamb** is a dish well worth ordering if you see it on a restaurant menu. The famous **buckwheat Pancakes** make a tasty lunch or afternoon snack.

Restaurant le Coquillage



[Restaurant le Coquillage](#) in Cancale is an intimate restaurant that makes the most of the freshest fish and shellfish available. There's even a cookery school on-site if you want to learn a thing or two as well!



MAP IT OUT: WHERE TO FIND THE BEST FOR FOODIES





We'd like to think we know travel pretty well. Since we first hatched [Oliver's Travels](#) in 2003 it's been essentially all we've talked about. You could call us obsessed.

Our extensive [blog](#), Oliver's Journal has got tons of information and inspiration on locations across Europe and the Caribbean. It's a one-stop shop for family-friendly holiday fun, the best group activities, foodie finds and a good dose of adventure. If you found this travel guide useful, (we hope you did!), you can find a whole host more on the blog, too!

At Oliver's Travels we don't do ordinary. From family [villas and chateaux in Brittany](#) and [luxury cottages in the UK](#), to Mediterranean [villas with pools](#) and [Caribbean beach vacation homes](#), we have something for everyone, everywhere.



Oliver

Get in touch

0800 133 7999

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